

Reckless Sleepers

It's Hot It's Not

Visual Story



**Reckless
Sleepers**

www.reckless-sleepers.eu

This visual resource is for children and young adults visiting the theatre to see a performance of It's Hot, It's Not. This visual story is intended to help prepare you for a new experience and help you to become familiar with the performance.

Why is it that sometimes I'm hot but you're cold?
Why are there puddles and sometimes not?
How can it be sunny and rainy all at once?
And if it's summer here, why is it winter there?

Reckless Sleepers is an extraordinary company who make work between visual art, dance and theatre. This surreal, funny and carefully crafted physical performance explores the weather in all its forms and takes delight in discovering the world anew and how we experience it differently, wherever we are.

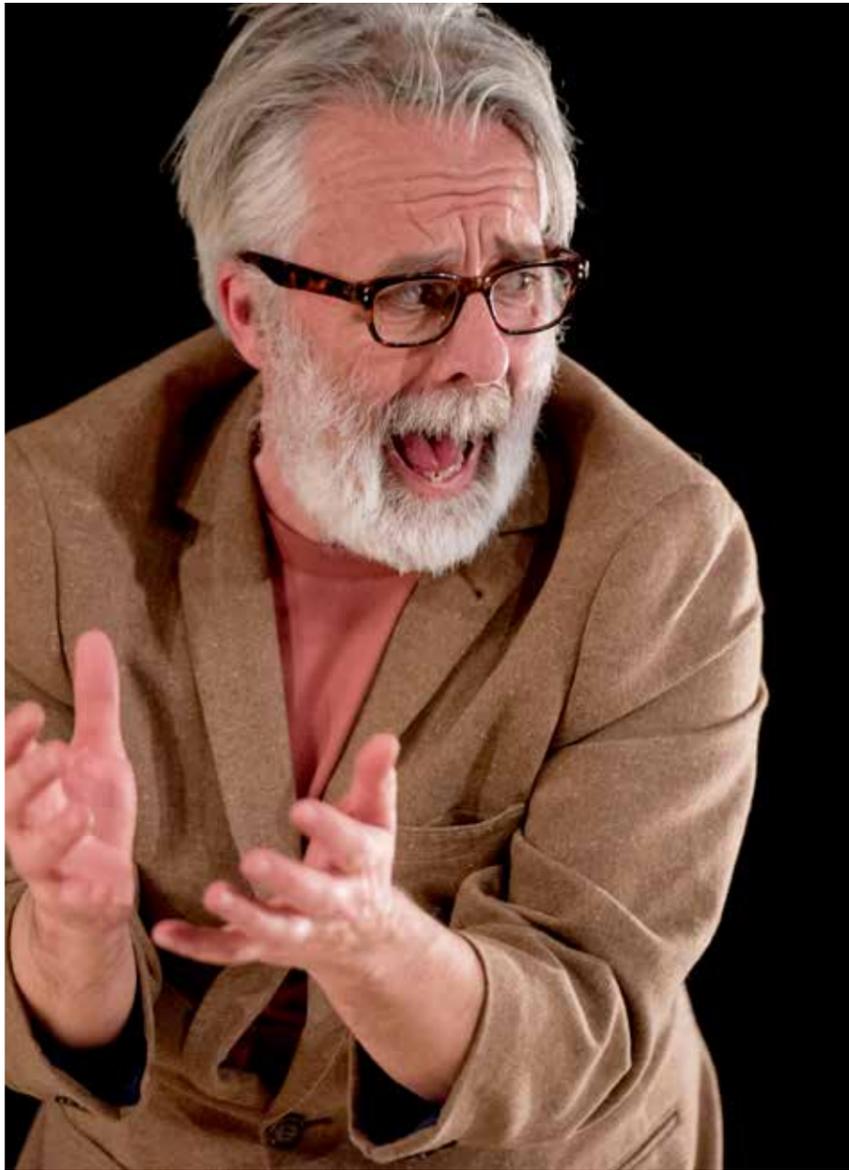
This performance is fast paced, high energy and contains numerous sections with loud noises and unusual movement sequences. These sequences are frequent but not sustained.

This performance is highly visual with no spoken language and plenty of music and sound effects.

The performance has themes of playing, exploring, happiness, surprise, confusion, opposites, scale, growth, fun and adventure.

We have made the usual amendments to the volume and lighting levels but due to the nature of the show you will experience moments of louder sound effects and brighter or darker lighting on stage throughout.





Mole



Kevin



Leen

These are the performers. Kevin, Leen and Mole. You will see them on stage for the whole show. They are all friendly. They move and dance and copy each other. You might notice how the actions they copy get bigger. You might notice how the actions they copy keep changing. They get cold, they get hot, they shake and fall and jump and dance. They are funny.



When you enter the theatre you will see a big wooden floor, a big wooden wall with lots of little doors, a wooden ceiling, a silver bucket, a big black electric fan and the seating bank. You will also see the three performers. They might copy you as you walk in, they might wave. You can wave back if you want to.

You can find your seats and make yourself comfortable. The usher can help you find your seat.

When the show begins the performers will already be on the stage and the lights over your seats will stay on. One of the performers is picking flowers off the floor. The flowers are actually little paper umbrellas.

When the little doors open you will hear lots of sound effects

You might hear birdsong, bees, a bicycle pump, seagulls, a dog barking, crickets, footsteps, splashing water, dripping water, thunder, a boat horn, an icy storm and wind.



The performers will repeat each other's movements and copy each other.

The movements will sometimes get much bigger.

They will stretch and jump and fall and balance.

Sometimes one of them might disappear behind the wooden panel of little doors and make a loud crashing noise. Don't worry, they are okay.

The performers will crawl on the floor and make a dog woofing noise at you.

The performers will roll back and forth on the ground.

Mole will roll off the stage and you will hear a loud splash noise.

He has fallen into a pretend puddle.

He jumps in the pretend puddles later too.

Kevin will drop an apple out of one of the very high doors in the wooden panel. The performers pretend the apple is hot and throw it around.



When Mole and Kevin balance on the buckets they stretch with big umbrellas and fall off the bucket.

Mole will leave the stage and jump in a pretend puddle, when he comes back he will carry a very big beach ball.
All the performers will move around with the ball and another smaller ball will come out of one of the doors.
You can dance along in your seat if you want to.

Leen throws the big beach ball at Kevin quite a lot.
It bounces off him but it's very soft, he doesn't mind.
Leen won't throw the ball at the audience.

Kevin will lift up a door in the floor of the stage and put on some Wellington boots.
He will jump in the hole and water will splash out.
He has a private puddle!



Lots of green apples will fall out of the wooden ceiling that is hanging above the stage. The apples make a loud noise when they drop. The apples might roll into the first row of the audience. You can pick one up if it comes near you. The performers will collect big tree trunk branches from behind the stage and plant them in the stage. They lift up little doors in the floor and balance the trunks in the little holes. Another door in the wooden ceiling will open and lots of white ping-pong balls will drop out. The balls will bounce around the stage a bit and some of them might come into the audience again. The big fan on the stage will make a loud windy noise and the performers will move slowly with a broken umbrella to look like they are being blown around.





Kevin will put a big silver bucket in the top little door of the wooden panel. A light will shine on the bucket. It will look like a beautiful moon in the night. Kevin will come a bit closer to you with a bucket to collect the apples and ping-pong balls on the floor.

Kevin will reach up to the wooden ceiling and open another door, lots more of the little yellow, paper umbrellas will drop out into the air of the fan. The little umbrellas will blow all over the stage. The stage will now get darker and the performers will be moving very slowly and the music will get quieter. The stage will be very still and the performers are ready for you to clap. You can if you want to. This is the end of the show.



During the show you might find something funny, you can laugh if you like.

During the show you might see or hear something that makes you feel sad. You can feel sad if you like, that's okay.

You might hear other people in the audience cheer, clap, shout out or scream. You can join in if you like.

During the show you might feel that you need to take some time out. If you do don't worry about it, find an Usher and let them know.

They will take you to a chill out space where you can relax and return to the show when you feel ready.

After the show you might meet Kevin, Leen and Mole in the foyer outside the theatre, they will be wearing different clothes and they would be very happy to meet.

